

# Parent-Child Daily Planner

Skillful Adventures™

www.skillfuladventures.com

## Plan Your Day Together!

*A simple tool to help parents and children organize their day for learning, fun, and quality time!*

### 1. Morning Routine

- Wake-up Time: \_\_\_\_\_
- Breakfast & Getting Ready: \_\_\_\_\_
- Morning Chores: \_\_\_\_\_
- Positive Affirmation for the Day: \_\_\_\_\_

### 2. Learning Time

- Reading Time: \_\_\_\_\_
- Educational Activity or Homework: \_\_\_\_\_
- Creative Project (Art, Music, Science, etc.): \_\_\_\_\_
- New Skill to Learn Today: \_\_\_\_\_

### 3. Fun & Play Break

- Outdoor Play or Exercise: \_\_\_\_\_
- Indoor Game or Activity: \_\_\_\_\_

- Free Time Choice: \_\_\_\_\_

#### 4. Family Time

- Cooking Together or Family Chore: \_\_\_\_\_
- Storytelling or Reading Together: \_\_\_\_\_
- Special Bonding Activity: \_\_\_\_\_

#### 5. Evening Wind-Down

- Reflection on the Day (What did we learn?): \_\_\_\_\_
- Preparing for Tomorrow (Packing, Setting Goals): \_\_\_\_\_
- Bedtime Routine: \_\_\_\_\_

 **Great job planning your day! Stay organized, have fun, and enjoy learning together!**